

GATORADE POWDER - FROST GLACIER FREEZE

18.3 oz



Nutrition Facts

Serving Size 1 2/3 Tbsp (23g)/ Makes about 12 fl oz (355 mL)
Servings Per Container About 23

Amount Per Serving	
Calories 90	
	% Daily Value*
Total Fat 0g	0%
Sodium 150mg	6%
Potassium 45mg	1%
Total Carbohydrate 22g	7%
Sugars 21g	
Protein 0g	

Not a significant source of calories from fat, saturated fat, *trans* fat, cholesterol, dietary fiber, vitamin A, vitamin C, calcium, and iron.

*Percent Daily Values are based on a 2,000 calorie diet.

SUGAR, DEXTROSE, CITRIC ACID, SALT, SODIUM CITRATE, MONOPOTASSIUM PHOSPHATE, CALCIUM SILICATE, GUM ARABIC, MODIFIED FOOD STARCH, NATURAL FLAVOR, BLUE 1

Last updated on September 30, 2018.

More Information

Per 1 2/3 Tbsp (23g)/ Makes about 12 fl oz (355 mL) serving

Caffeine: 0mg

Phosphorus: 37mg

Allergens: None

Notes

- Nutrition information is rounded as required by the FDA which is why values sometimes look inconsistent when comparing different sizes.
- Information may differ from package labels because of the limited space on packages or label transitions in the marketplace.
- All products and sizes are not available in all markets. If you can't find a product, check with your store manager to see if it could be ordered.